



L-244  
AL011B-USA

### Instructions for Use

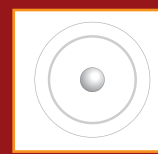
You don't need to be a veterinarian, acupuncturist or pain expert to use AcuLife. Simply follow these instructions for patching your horse and be sure to monitor their response to each patch placement.

There are 5 recommended AcuLife patch placements. Always start from the rear of the horse, at Bladder 28 (BL 28) and slowly work your way up towards the front of the horse. You should end up at Bladder 10 (BL 10) on the neck.

### Bead Instructions



**STEP 1**  
First, locate the acupressure point you wish to stimulate.



**STEP 2**  
Next, remove a plastic bead from the bag. Remove the adhesive backing of a WHITE patch. Place the plastic bead in the center of the adhesive side of the WHITE patch.



**STEP 3**  
Place the WHITE patch with bead on the acupressure point you wish to stimulate, on the RIGHT side of the horse. Press down firmly on the patch to ensure it is secure.



**STEP 4**  
Lastly, repeat steps 2-3 with a TAN patch, placing the TAN patch and bead on the same location, but now on the LEFT side of the horse.

### BLADDER 28

Bladder 28 is the Association point for the Bladder Meridian and is located 3 cun lateral to the lower border of the sacral spinous process between the foramen of the second and third sacral vertebrae. Place patches as shown, WHITE on RIGHT, and TAN on LEFT.



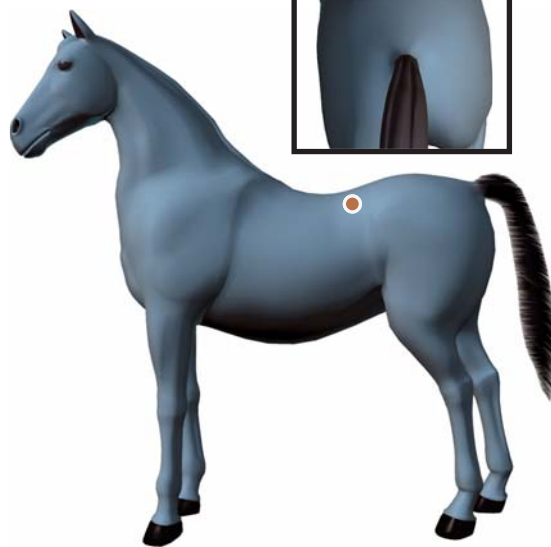
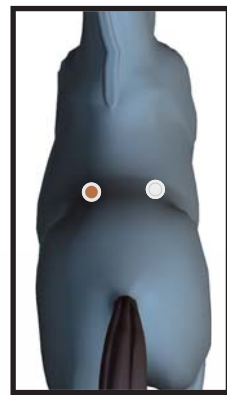
INSTRUCTIONS & BLADDER 28

BLADDER 23 & LARGE INTESTINE 16

BLADDER 13 & BLADDER 10

### BLADDER 23

Bladder 23 is the Association point for the Kidney Meridian and is found 3 cun lateral to the lower border of the spinous process of the lumbar vertebra between the second and third lumbar vertebrae above the end of the last rib in the horse. Place patches as shown, WHITE on RIGHT, and TAN on LEFT.



### LARGE INTESTINE 16

Large Intestine 16 is located in the upper aspect of the shoulder, in the depression between the acromium extremity of the clavicle and the scapular spine.

These points may help with joint pain and overall function. Tenderness at this point may be caused by pain in the shoulder, elbow, knee, ankle, shin, and pastern. Place patches as shown, WHITE on RIGHT, and TAN on LEFT.



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BLADDER 13 & BLADDER 10

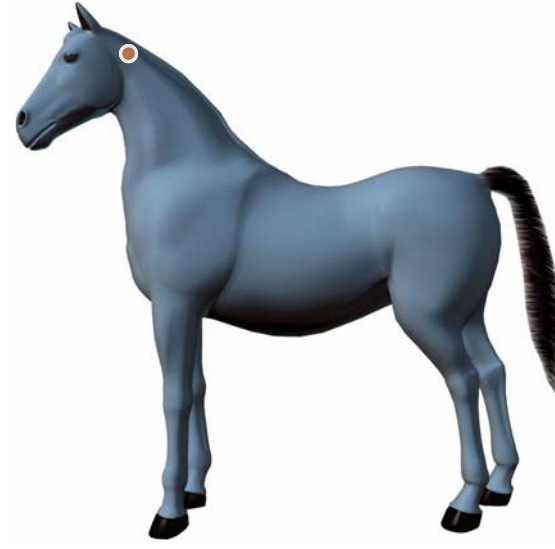
### BLADDER 13

Bladder 13 points are used to stimulate the lungs. These points are located 3 cun lateral to the lower border of the spinous process of the eighth thoracic vertebra in the horse, at the caudal edge of the scapular cartilage in the eighth intercostals space. Place patches as shown, WHITE on RIGHT, and TAN on LEFT.



### BLADDER 10

Bladder 10 points are good for general body pain. Located in the depression by the occipital bone and lateral to the m. trapezius. Place patches as shown, WHITE on RIGHT, and TAN on LEFT.



**Warnings:** Remove immediately if you feel that the horse is experiencing discomfort. Do not reuse patches once removed from the skin. For external use only. Do not use on open wounds or damaged skin. Do not use if you suspect the horse may be pregnant. Consult a veterinarian if you suspect the horse has a health condition. Keep this product out of the reach of children.

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